

SOUPS

SALADS

425 Miso mushroom 495 Wild mushroom and tofu salad shimeii mushrooms. truffle oil / 320 kcal / 210 ml yuzu dressing, sesame seeds / 161 kcal / 160 gms (1) (2) (1)Country style chicken noodle soup 450 COU COU green salad 495 rice noodles, leeks, lemon grass / 182 kcal / 320 ml avocado, asparagus, broccoli, artichoke, truffle vinaigrette / 265 kcal / 150 gms (a) (b) Traditional Caesar salad 625 COU COU SMALL PLATES bacon, anchovies, garlic croutons, parmesan 749 kcal / 150 gms Zucchini fries 375 garlic and chilli mayonnaise, parmesan Californian chicken salad 625 618 kcal / 180 gms Greek yoghurt, avocado, amaranth seeds, (A) (B) walnuts | 427 kcal | 150 gms (P) (B) (A) 425 Sesame crusted snow peas miso sweet potato puree, manis ketjap 386 kcal / 180 gms (A) (B) TOASTS Spicy courgette taco 450 guacamole, pickled chilli | 759 kcal | 160 gms Guacamole 625 (1) (2) (3)sourdough toast, candied cherry tomato 621 kcal / 160 gms Thai prawn fritters 750 garlic cream, homemade chilli garlic sauce 444 kcal / 240 gms Cheesy corn togst 625 (1) (2) (3) (3)Cajun spiced crispy corn | 593 kcal | 160 gms ▲ Chilli garlic chicken taco 500 cucumber, guacamole | 842 kcal | 180 gms Chipotle chicken 625 (1) (2) (3) (3)brioche toast, jalapeño, skcallions 603 kcal / 160 gms (\$) (B) ▲ Chilli chicken bao 500 scallion and garlic sauce | 590 kcal | 160 gms (1) (2) (3)



SANDWICHES

(A)

Tomato & avocado croissant English cheddar, kasundi mustard 664 kcal / 210 gms	525	Spaghetti in wild rocket pesto bell pepper, broccoli, parmesan 714 kcal / 160 gms (**)	675
Balsamic roasted vegetables & mozzarella on sourdough mozzarella, barley / 645 kcal / 165 gms	475	COU COU green risotto aglio e olio vegetables, super seeds 789 kcal / 200 gms (2) (1) (2)	675
Gurrimbhoy egg salad sandwich chilli, pumpkin and chia seed sourdough 756 kcal / 210 gms	425	Spaghetti alla Napoletana chicken parmigiana, basil coulis 661 kcal / 210 gms	775
Tuna salad sandwich spicy mayonnaise, panini bread / 535 kcal / 210 gms (A) (B) (C)	575	Truffle carbonara risotto crumb fried poached egg, bacon, wild mushroom / 893 kcal / 220 gms (A) (A) (B) (B) (D)	775
Classic chicken 8 mayo sandwich in brioche jalapeño / 568 kcal / 210 gms (A) (*)	525	SIDES	
Ham and cheese aragula, croissant / 618 kcal / 250 gms (B) (B) (C)	625	Garlic bread 460 kcal / 120 gms	275
PASTA AND RISOTTO		Parmesan and truffle fries 438 kcal / 150 gms	350
Oats gnocchi arrabiata pesto, chilli emulsion / 642 kcal / 200 gms (**)	675	Cajun spiced potato wedges 281 kcal / 140 gms	350
Mac and cheese baked macaroni with creamy cheddar cheese and Dijon mustard sauce 749 kcal 180 gms	675		



SOUL FOOD

(a) (b)

Gluten free lasagne confit tomato sauce, chlorophyll sauce	750	Kouign amann sugar laminated flaky pastry 563 kcal 80 gms A	325
331 kcal / 240 gms (a) (b) (c) Quesadillas guacamole, tomato salsa, sour cream	725	Corn, asparagus & jalapeño puff savoury flaky pastry filled with creamy corn, asparagus and jalapeño / 573 kcal / 165 gms (**)	450
831 kcal / 210 gms (A) Coriander scented steamed fish Asian greens, garlic soy sauce	975	Cinnamon brioche light and flaky pastry flavoured with cinnamon 726 kcal / 80 gms A O	325
445 kcal / 240 gms (A) (B) (B) (B) (Chicken Schnitzel warm potato salad, creamy mushroom,	925	Triple chocolate brioche chocolate brulee, chocolate crumble and chocolate ganache / 738 kcal / 330 gms	350
mesclun salad / 600 kcal / 240 gms (A) (B) (O) Braised lamb shanks	975	Almond croissant flaky pastry filled with almond praline 796 kcal / 160 gms (**)	350
creamy polenta, root vegetables, gremolata 775 kcal / 240 gms 百 章 草		Baklava croissant light and flaky french pastry with nut filling (apricot, pistachio, prunes) / 655 kcal / 150 gms	350
FRESH BAKES Croissant	300	Cajun spiced chicken puff savoury flaky pastry filled with spicy chicken mixture 797 kcal / 250 gms	550
rich, buttery and flaky French pastry / 501 kcal / 110 gms Pain au chocolat light and flaky pastry filled with chocolate	300	Lamb puff pithiviers savoury flaky pastry filled with lamb ragu 920 kcal / 225 gms (1)	700
584 kcal / 100 gms			



800

850

300

350

400

400

FLAT BREADS

Avocado and burrata red chilli. rucola. sundried tomatoes 632 kcal / 240 gms

Cajun spiced chicken jalapeño, mozzarella | 492 kcal | 240 gms

PASTRIES

PABANA passion fruit, banana and mango pate de fruite,

almond praline mousse | 340 kcal | 115 gms (Þ) (Þ) (♣)

Decadence classic chocolate mousse pastry

553 kcal / 85 gms

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Chocolate & Raspberry

a sugarfree & glutenfree slow baked chocolate cake. raspberry jam / 679 kcal / 105 gms

Basaue

classic vanilla flavoured burnt cheesecake 691 kcal / 143 gms

(A) (O)

Lemon blueberry

lemon curd & blueberry mousse layered in a classic vanilla & almond sponge 506 kcal / 113 gms







▲ Ispahan

raspberry 8 lychee jelly layered in almond sponge, rose mousse / 805 kcal / 100 gms

450

425

425

525

500

575

(a) (b) (c) (c)

▲ Mocha

'filter coffee, chocolate, coffee crunch 519 kcal / 131 gms

(A) (B) (D) (D)

Mille Feuille Sicily

chocolate, orange cream cheese, nuts 633 kcal / 107 gms

(A) (O) (O)

DESSERTS

400 French toast

> blue berry, strawberry, smoked honey, vanilla ice cream / 963 kcal / 180 gms

▲ Warm chocolate cake

chocolate ice cream / 929 kcal / 160 gms

(\$) (4) (4)

Double fromage cheesecake

berry soil, raspberry sorbet | 745 kcal | 160 gms

(\$) (4) (5)

