

SOUPS

Caesar salad

(A) (D) (B)

garlic croutons, parmesan, olives | 479 cal | 130 gms

•	Miso mushroom shimeji mushrooms, truffle oil / 320 cal / 210 ml	400		Country style chicken noodle soup rice noodles, leeks, lemon grass / 182 cal / 320 ml	425
<u>C O</u>	U COU SMALL PLATES				
•	Zucchini fries garlic and chilli mayonnaise, parmesan / 618 cal / 180 gms (A) (B) (B) (B)	350	•	Wild mushroom bao scallions and garlic sauce / 540 cal / 160 gms	425
•	Baked potato ranch dressing, jalapeño, truffle oil / 322 cal / 160 gms ② 函 &	375		Smoked chicken and jalapeño spanakopita home-made tomato chutney / 368 cal / 180 gms	450
•	Koliwada onion rings garlic yoghurt, homemade spice blend / 295 cal / 140 gms	350		Chilli chicken bao scallions and garlic sauce, waterchestnut / 589 cal / 160 gms	450
•	Paneer papadum spicy avocado and coriander chutney, olives 707 cal 200 gms (**) (**) (**)	425		Tempura prawns sweet chilli sauce / 650 cal / 160 gms (**)	650
SA	LADS				
•	Beetroot tartare goat cheese, orange and ginger reduction / 334 cal / 130 gms (A) (7)	425		Traditional Caesar salad bacon, anchovies, garlic croutons, parmesan 749 cal 150 gms (**) (**) (**) (**)	525
•	COU COU green salad avocado, asparagus, broccoli, artichoke, truffle vinaigrette 265 cal / 150 gms	475		Californian chicken salad Greek yoghurt, avocado, amaranth seeds, walnuts 427 cal / 150 gms (2) (3) (4)	575



425



TOASTS



SANDWICHES

Tomato & avocado croissant English cheddar, kasundi mustard / 664 cal / 210 gms (A) (B) (A)	500	Tuna salad sandwich spicy mayonnaise, panini bread / 535 cal / 210 gms (A) (B) (A) (C)	550
Balsamic roasted vegetables & mozzarella on sourdough mozzarella, barley / 575 cal / 165 gms	450	Classic chicken & mayo sandwich in brioche jalapeño / 568 cal / 210 gms (A) (B) (A) (O)	500
 A	400	Ham and cheese aragula, croissant / 618 cal / 250 gms (A) (B) (A) (C)	600

PASTA AND RISOTTO

•	COU COU green risotto aglio e olio vegetables, super seeds 789 cal 200 gms (A) (D)	625	•	Spaghetti in wild rocket pesto bell pepper, broccoli, parmesan / 714 cal / 160 gms (i) (i)	625
•	Mac and cheese baked macaroni with creamy cheddar cheese and dijon mustard sauce 748 cal 180 gms	575		Truffle carbonara risotto crumb fried poached egg, bacon, wild mushroom / 893 cal / 220 gms 图 ② 學 ⑤ ②	750





SOUL FOOD

•	Wild mushroom and sundried tomato augratin garlic crostini, pickled shimeji mushrooms / 624 cal / 200 gms (A) (B) (A)	675		Creamed spinach filled slow cooked chicken brussel sprouts, caramelized onion, melba toast 548 cal / 210 gms (A) (B)	800
•	Quesadillas guacamole, tomato salsa, sour cream /831 cal / 210 gms (A)	700		Braised lamb shanks creamy polenta, root vegetables, gremolata / 775 cal / 260 gms (A) (B) (D)	900
	Thai steamed fish lemon grass, seafood crisp, Asian greens 592 cal 210 gms	925			
FR	ESH BAKES				
•	Croissant rich, buttery and flaky French pastry / 501 cal / 110 gms	275		Triple chocolate brioche chocolate brulee, chocolate crumble and chocolate ganache 738 cal / 330 gms (**) (**)	300
	Pain au chocolat light and flaky pastry filled with chocolate 584 cal 100 gms	275		Almond croissant flaky pastry filled with almond praline 796 cal 160 gms (*) (*)	300
•	Kouign amann sugar laminated flaky pastry 563 cal 80 gms	300		Cajun spiced chicken puff savoury flaky pastry filled with spicy chicken mixture / 797 cal / 250 g	525 (ms
•	Corn, asparagus & jalapeño puff savoury flaky pastry filled with creamy corn, asparagus and jalapeño / 573 cal / 165 gms (ii) (iii) (iii)	425		Lamb puff pithiviers savoury flaky pastry filled with lamb ragu 920 cal 225 gms	675
	Cinnamon brioche light and flaky pastry flavoured with cinnamon / 726 cal / 80 gms (**)	300		Baklava croissant light and flaky french pastry with nut filling (apricot, pistachio, prunes) 655 cal / 150 gms (**) (**)	300



FLAT BREADS

•	Avocado and burrata red chilli, rucola, sundried tomatoes 632 cal 240 gms (**)	775		Cajun spiced chicken jalapeño, parmesan / 491 cal / 240 gms (4)	825
•	Bianco wild mushroom, cream cheese, truffle oil, artichokes 535 cal / 240 gms	725		Charcuterie pepperoni, honey glazed ham, chicken sausage, cornichons 597 cal / 260 gms (**) (**) (**)	850
PA	STRIES				
•	PABANA passion, banana & mango compote, almond praline / 301 cal / 115 gr	275 ms		Lemon blueberry lemon curd & blueberry mousse layered in a classic vanilla & almond sponge / 506.4 cal / 113 gms	375
•	Decadence classic chocolate mousse pastry 386.36 cal 85 gms (A) (B) (D)	375		Ispahan raspberry & lychee jelly layered in almond sponge, rose mousse / 805 cal / 100 gms	450
•	Chocolate & Raspberry a sugarfree & glutenfree slow baked chocolate cake, raspberry / 626 cal / 105 gms	325	A	Mocha 'filter coffee, chocolate, coffee crunch / 509.54 cal / 131 gms (A) (B) (C)	400
	Black diamond truffle scented tiramisu / 300.67 cal / 70 gms (**) (**)	375		Mille Feuille Sicily chocolate, orange cream cheese, nuts / 633 cal / 107 gms (A)	400
	Basque classic vanilla burnt cheesecake / 553 cal / 143 gms	375			
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DESSERTS

French foast blue berry, strawberry, smoked honey, vanilla ice cream 793 cal / 180 gms	500	warm chocolate cake chocolate ice cream / 928 cal / 160 gms P	500
		Double fromage cheesecake berry soil, raspberry sorbet 745 cal 160 gms (**) (**)	550



An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary. The above mentioned calorific values are based on standard recipes and often vary basis customisation.

Should you be allergic to any ingredient, please bring it to the attention of the server. All food is cooked in refined sunflower oil, clive oil or butter.